## What is Delta-8 THC?

Delta 9 THC is the "regular" THC most people are familiar with in cannabis and use different ways for administration to get into the body for a large range of medicinal benefits. Basically, Delta 8 THC means there are electrons in a slightly different position than on the Delta 9 THC, so it will interact with receptors in a different way having slightly different results with toned down psychoactivity.

## Reasons you may want to try Delta 8 THC:

- Antiemetic (helps with nausea and vomiting)
- Anxiolytic (helps reduce stress related anxiety)
- Appetite Stimulant (increases desire and quantity to eat)
- Analgesic (provides pain relief and sedative)
- Neuroprotective (helps protect brain from stress, inflammation, and protein build up)
- Memory enhancement (acetylcholine increaser)

## Other reasons to try Delta 8 THC:

- It is a good option for patients who find Delta 9 THC doesn't treat their nausea, lack of appetite, or anxiety as well as they would like.
- It can be a good middle ground for patients who benefit from the psychoactive qualities
  of THC but find Delta 9 THC produces mental effects too intense or uncomfortable and
  CBD does not provide enough relief.
- Delta. 8 THC offers a more clear minded experience with less anxiety than Delta 9 THC.
- Some patients find that using a combination of Delta 9 THC and Delta 8 THC works better than using either alone. Similar to the synergistic relationship between THC and CBD.
- Delta 8 THC can help to diminish the psychoactive effects of the Delta 9 THC. (Works better when combined with CBD).
- It increases energy and productivity

## Conditions that may benefit from Delta 8 THC:

- Alzheimer's/Dementia
- Anxiety disorders
- Cancer/Chemotherapy induced nausea and vomiting
- Cachexia
- Depression
- Inflammatory brain conditions (Neuroprotective)
- Loss of appetite
- Nausea